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Dear Parents and Carers,

SUN PROTECTION

The weather is certainly hot at the moment I want to remind you about our sun protection policy. It is based on the SunSmart "SMART" cancer prevention programme. This guidance should ensure that we can all enjoy the sun safely over the coming months.

Stay in the shade between 11.00 and 15.00

Make sure we don't burn

Always cover up with suitable clothing and sunglasses

Remember that children burn more easily

Then use Factor 20+ sunscreen (to be applied before school)

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we make sure that:

- children learn about sun protection
- any shade in the school site and around the playground is used
- pupils are encouraged to wear brimmed hats and suitable clothing when outside
- sunglasses may be worn if your child has a diagnosis of hay fever but these need to be ones with UV protection and not 'toy' ones
- we encourage pupils to use sunscreen (to be applied before school)

Our Sun Safety policy is available on request.

Your support is very important if our policies are going to work. You can help by:

- talking to your child about the importance of sun protection at home
- sending your child to school with a water bottle, a wide brimmed or legionnaire style hat and putting long-lasting sun screen on them before school

Together I hope we can continue to have a very happy and safe summer.

Mrs Jane Shields
Headteacher

